

YEAR	TERM 1 (Autumn)	TERM 2 (Spring)	TERM 3 (Summer)
YEAR 12	<p>APPLIED ANATOMY & PHYSIOLOGY:</p> <ul style="list-style-type: none"> • <i>Cardiovascular system</i> • <i>Hormonal, neural & chemical regulation</i> • <i>Receptors</i> • <i>Respiratory system</i> <p>SKILL ACQUISITION:</p> <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Pre, industrial & post-industrial sports <p>PHYSICAL TRAINING:</p>	<p>APPLIED ANATOMY & PHYSIOLOGY:</p> <ul style="list-style-type: none"> • <i>Nervous system</i> • <i>Neuromuscular system</i> • <i>Musculo-skeletal system</i> <p>SKILL ACQUISITION:</p> <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Amateur vs professional • Emerging performers • Sociology of sport • Equal opportunities in sport <p>PHYSICAL TRAINING:</p>	<p>APPLIED ANATOMY & PHYSIOLOGY:</p> <ul style="list-style-type: none"> • <i>Nervous system</i> • <i>Neuromuscular system</i> • <i>Musculo-skeletal system</i> <p>SKILL ACQUISITION:</p> <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Benefits of participation • Local & national partners <p>PHYSICAL TRAINING:</p>
YEAR 13	<p>PHYSIOLOGY:</p> <ul style="list-style-type: none"> • Diet & nutrition • Injury prevention & rehabilitation • Biomechanical movement <p>SPORT PSYCHOLOGY:</p> <ul style="list-style-type: none"> • Aspects of personality • Attitudes & anxiety <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Concepts of physical activity • Elite performers • National governing bodies world class performance programmes 	<p>PHYSIOLOGY:</p> <ul style="list-style-type: none"> • Factors affecting stability • Levers & linear motion • Projectile motion • Fluid mechanics <p>SPORT PSYCHOLOGY:</p> <ul style="list-style-type: none"> • Group dynamics • Achievement goal theory • Self-efficacy • Strategies & leadership • Stress management <p>SPORT & SOCIETY:</p> <ul style="list-style-type: none"> • Drugs in sport / sport & the law • Impact of commercialisation 	<p>REVISION:</p> <p>EXTERNAL EXAMS:</p>