

PROGRAMME OF STUDY

KS4 YEARS 10 & 11 PSHE 2023/2024



Key (three core themes of the Programme of Study):

Relationships

Health and Wellbeing

Living in the Wider World

YEAR	TERM 1 (Autumn)	TERM 2 (Spring)	TERM 3 (Summer)
YEAR 10	<ul style="list-style-type: none"> ● Mental health and wellbeing: <ul style="list-style-type: none"> - Child Sexual Abuse - Screen Time - Mental Health Illnesses - Self-Harm - Suicidal (Thoughts and Feelings) - Promoting Emotional Wellbeing ● Rights and Responsibilities: <ul style="list-style-type: none"> - Instagram & TikTok Generation - Targeted Advertising and Your Data - What is Marriage? - Rights and Responsibilities - Consumer Rights - Employment Rights - Exploring a Pay Check 	<ul style="list-style-type: none"> ● Exploring Relationships and Sex Education: <ul style="list-style-type: none"> - Pleasure and Delaying Sexual Activity - Campaigning Against FGM - Sexting, Nudes and Dick Pics - Online Pornography (Myths vs Reality) - Porn and its Impact on Society - Unhealthy Relationships & Sexual Assault - Sexualisation of the Media ● Violence, Crimes and Seeking Safety: <ul style="list-style-type: none"> - Honour Based Violence - Forced Marriages and Breast Ironing - Online Gaming & Gambling - Social Media Validation - Modern-Day Slavery - Keeping Your Data Safe - Causes of Knife Crime 	<ul style="list-style-type: none"> ● Exploring World Issues: <ul style="list-style-type: none"> - International Organisations - Peace, War & Conflict - Human Rights During War - Aid & Supporting Other Countries - Striking & Trade Unionism - Women's Rights & Equality - Fair Trade & Free Trade ● Exploring British Values: <ul style="list-style-type: none"> - Critical Thinking & Fake News - Hate Crime in the UK - British Values and Identity - Mutual Respect & Tolerance - Individual Liberty - What are Human Rights? - Democracy Explored
YEAR 11	<ul style="list-style-type: none"> ● Adult Health and Looking After Yourself: <ul style="list-style-type: none"> - Organ and Blood Donation 	<ul style="list-style-type: none"> ● Sexual Health: <ul style="list-style-type: none"> - Peer-on-Peer Abuse - Fertility and What Impacts it 	



	<ul style="list-style-type: none">- Teenage Pregnancy Choices (Abortion Law, Morals and Ethics)- Parenthood for Teenagers- Testicular and Prostate Cancer- Breast Cancer, Cervical Cancer & Screening- Love & Abuse • Your Future and Beyond:- Screen Addiction and Studying- Post 16 Options- Exam Stress and Anxiety- Social Media Vs Real Life- CV Writing- Writing a Personal Statement	<ul style="list-style-type: none">- Alcohol, Parties & Bad Choices- Importance of Sexual Health- Revisiting STIs- Revisiting Contraception- Respect, Love and Relationships • Staying Safe:- Virtual Reality and Live Streaming- Online Reputation and Digital Footprints- Group Chats & Anti-Bullying- Cosmetic & Aesthetic Procedures- New Psychoactive Substances- Festivals and Nitrous Oxide- Substance Addiction	
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