

YEAR	TERM 1 (Autumn)	TERM 2 (Spring)	TERM 3 (Summer)
	<i>Health and Wellbeing Living in the wider world</i>	<i>Relationships Health and Wellbeing</i>	<i>Relationships Living in the wider world</i>
<b>YEAR 7</b>	<p><b>Transition and safety</b> Transition to secondary school and personal safety in and outside school, including first aid</p> <p><b>Developing skills and aspirations</b> Careers, teamwork and enterprise skills, and raising aspirations</p>	<p><b>Diversity</b> Diversity, prejudice, and bullying</p> <p><b>Health and puberty</b> Healthy routines, influences on health, puberty, unwanted contact, and FGM</p>	<p><b>Building relationships</b> Self-worth, romance and friendships (including online) and relationship boundaries</p> <p><b>Financial decision making</b> Saving, borrowing, budgeting and making financial choices</p>
<b>YEAR 8</b>	<p><b>Drugs and alcohol</b> Alcohol and drug misuse and pressures relating to drug use</p> <p><b>Community and careers</b> Equality of opportunity in careers and life choices, and different types and patterns of work</p>	<p><b>Discrimination</b> Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p> <p><b>Emotional wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies</p>	<p><b>Identity and relationships</b> Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception</p> <p><b>Digital literacy</b> Online safety, digital literacy, media reliability, and gambling hooks</p>
<b>YEAR 9</b>	<p><b>Peer influence, substance use and gangs</b></p>	<p><b>Respectful relationships</b> Families and parenting, healthy relationships, conflict resolution, and relationship changes</p> <p><b>Healthy lifestyle</b></p>	<p><b>Intimate relationships</b> Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p> <p><b>Employability skills</b></p>

	<p>Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation</p> <p><b>Setting goals</b></p> <p>Learning strengths, career options and goal setting as part of the GCSE options process</p>	<p>Diet, exercise, lifestyle balance and healthy choices, and first aid</p>	<p>Employability and online presence</p>
<b>YEAR 10</b>	<p><b>Mental health</b></p> <p>Mental health and ill health, stigma, safeguarding health, including during periods of transition or change</p> <p><b>Financial decision making</b></p> <p>The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<p><b>Healthy relationships</b></p> <p>Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography</p> <p><b>Exploring influence</b></p> <p>The influence and impact of drugs, gangs, role models and the media</p>	<p><b>Addressing extremism and radicalisation</b></p> <p>Communities, belonging and challenging extremism</p> <p><b>Work experience</b></p> <p>Preparation for work experience and readiness for work</p> <p>Morrisby</p>
<b>YEAR 11</b>	<p><b>Building for the future</b></p> <p>Self-efficacy, stress management, and future opportunities</p> <p><b>Next steps</b></p> <p>Application processes, and skills for further education, employment and career progression</p>	<p><b>Communication in relationships</b></p> <p>Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse</p> <p><b>Independence</b></p> <p>Responsible health choices, and safety in independent contexts</p>	<p><b>Families</b></p> <p>Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships</p>