

WEEK 1

15th April, 6th May, 3rd June, 24th June

MENU

Eat the Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Tuna & Sweetcorn Pasta Bake (G,Mk,F)

Chicken Nuggets (G)

Turkey Stir Fry (None)

Beef Bolognaise (None)

Fish Finger (G,F)

Veggie

MEAT FREE

Cheese & Tomato Turnover (G,Mk,E)

Vegetable Nuggets (G)

Mushrooms Stir Fry (None)

Vegetable Lasagne (G,Mk)

Vegetable Finger (G,Mu) (Vegan)

veg

EXTRA GOOD

Broccoli

Corn on the Cob

Sweetcorn

Green Beans

Garden Peas

Baked Beans

Carbs

FUEL FOOD

Garlic Focaccia (G)

Potato Wedges

Steamed Rice

Garlic Bread

Crispy Oven Baked Chips

Dessert

SOMETHING SWEET

Gluten & Dairy free Chocolate & Orange Brownie (E)

Unicorn Sponge (G,So,Mk,E)

Millionaire Shortbread (G,Mk,So)

Summer Berry Eton Mess (Mk,E)

Caramelized Apple Crumble with Custard (G,,Mk)

Orange

APRIL
23rd - St George's Day

Yellow

May
23rd - National Biscuit Day

Green

June
LGBTQ+ Month
5th - World Environment Day

Purple

JULY
4th - World Chocolate Day

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide



WEEK 2

22nd April, 13th May, 10th June, 1st July

MENU

Eat the Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Creamy Pasta,
Roasted Butternut &
Feta
(G,Mk)

Piri Piri Chicken
(None) with Pitta
Bread (G), Baby Gem
lettuce & Piri Piri
Sauces

Sausage Roll
(G,Su)

Pulled Fajita Chicken
with Nachos &
Cheese
(Mk)

Fish Finger (G,F)

Veggie

MEAT FREE

Cheesy Vegetable
Enchilada
(Mu,Mk,G)

Grilled Halloumi
Burger
(Mk,G)

Veggie Sausage Roll
with Veggie gravy
(G,So)
(Vegan)

Veggie Chilli with
Nachos & Cheese
(So,Mk)

Vegetable Finger
(G,Mu) (Vegan)

veg

EXTRA GOOD

Carrots

Macho Peas

Mixed Vegetables

Green beans

Garden Peas

Baked Beans

Carbs

FUEL FOOD

Rosemary Focaccia
(G)

Mixed Wedges

Creamy Mash

Mexican Rice

Crispy Oven Baked
Chips

Dessert

SOMETHING SWEET

Citrus Drizzle Cake
(G,Mk)

White Chocolate &
Cherry Biscuits
(G,So,Mk,Su)

Steamed Sticky
Ginger Sponge with
Custard (So,G,Mk,E)

New York Baked
Cheesecake
(G,E,Mk)

Pear & Chocolate
Crumble with
Custard
(G,Mk)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Orange

APRIL
23rd - St George's Day

Yellow

May
23rd - National Biscuit Day

Green

June
LGBTQ+ Month
5th - World Environment Day

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JULY
4th - World Chocolate Day

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WEEK 3

29th April, 20th May, 17th June, 8th July

MENU

Eat the Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Cheese & Tomato
Pizza
(G,Mk,E)

Pork Sausages with
Gravy (Su,G)

Roast Turkey with
Gravy (None)

Mild Thai Red
Chicken Curry
(None)

Fish Finger (G,F)

Veggie

MEAT FREE

Homemade Falafels
(None) & Mint
Yoghurt (Mk)

Vegan Sausages with
Gravy (G,Ce)

Veggie Cottage Pie
with Gravy
(None)

Vegetable Korma
(None)

Vegetable Finger
(G,Mu) (Vegan)

veg

EXTRA GOOD

Sweetcorn

Baked Beans

Roasted Vegetables

Broccoli

Garden Peas

Baked Beans

Carbs

FUEL FOOD

Potato Wedges

Creamy Mash

Crispy Home Roast
Potatoes

Steamed Rice

Crispy Oven Baked
Chips

Dessert

SOMETHING SWEET

Steamed Lemon Curd
Sponge (G,Mk,E)

Chocolate Chip
Cookies
(G,E,Mk,So)

Sticky Toffee Pudding
with Toffee Sauce
(G,Su,Mk,E)

Rice Crispy Square
(G)

Chewy Flapjack
(G)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Orange

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23rd - St George's Day

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May
23rd - National Biscuit Day

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LGBTQ+ Month
5th - World Environment Day

Purple

JULY
4th - World Chocolate Day

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